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| **Logo - Club Logo copy**  Breakfast Chatter  2016 | C:\Users\arasmussen\Downloads\images.jpg |

##### The Weekly Bulletin of Rotary Club of Kathmandu Mid-Town Celebrating 26 Years of Rotary

##### April is the month of Maternal and Child Health

# Weekly Meetings and Programmes:

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| Date | Speaker | Program/Topics of Presentation |
| 15 April | Mr. Waris Husain | Comparative Constitutional Law: US and Nepal - The Constitutional Process |
| 8 April | General Gaurav Shumsher Jung Bahadur Rana | “Nepal Army – my experience” |
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| Club News | | |
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| As the weekly guest speaker General Gaurav Shumsher Jung Bahadur Rana talked about his career in the Nepal Army  C:\Users\arasmussen\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\CBTFF60Q\IMG_0826.JPG He stated that “The history of the Nepalese Army is largely the history of modern Nepal. This gallant institution has stood firm to serve the interests of Nepal and the Nepalese people, be it against external threats, internal threats or in times of disaster’  Born in 1955, General Gaurav Shumsher Jung Bahadur Rana is the son of late major general Aditya SJB Rana. A direct descendent of Rana Prime Minister Chandra Shumsher | | | C:\Users\arasmussen\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\CBTFF60Q\IMG_0833.JPG  , Rana followed his father´s footsteps by training in the Royal Military Academy, Sandhurst, United Kingdom, and was commissioned into the Purano Gorakh Battalion in 1974. Rana is an alumnus of the US Army Command and General Staff College, Fort Leavenworth, USA and the National defence University, Pakistan. He holds a Bachelor´s Degree in History from Tribhuvan University and a Master’s Degree in Defence and Strategic Studies from Quaid-E-Azam University of Pakistan. | Rtn. Maria Theresa asked the reasons for the taking of roots by the Maoists in Nepal. Meena B. Panday enquired about the status of women in the army, Rtn. Govinda asked about several past transitions leading to the current state of anarchy and HE Ogawa wanted to know if it was ok to introduce the Maoists in the army. The undersigned wanted to know if army could partner in development and help to set up hydropower transmission lines etc.  Gen Rana responded that army is in a position to partner in development, 4% are women in the army and the Maoist integration was going well as there were only few that joined including three senior positions, cause for the emergence of Maoists is extreme frustration and poverty in rural areas, and the transitions depend on the quality of the leadership in the country. |
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| **The Spouse Club organised a successful Picnic on 9 April 2016 at a fantastic location – Pataleban winery** at the outskirts Kathmandu valley.  The Resort site lies 16 km west of Kathmandu city at an altitude of 1600m. It covers an area of 2 hector facing north west at Chisapani Village, Baadbhanjyang VDC. 5, Kathmandu, Nepal.  It certainly looks like a great time and bonding fellowship. Many thanks to our spouses and especially First Lady Nita ji for organizing and for this lovely event!  Thanks to PP Arun Man Sherchan for sharing the pictures with us, | cid:5B48BB6D-4B75-4473-8F41-205F4430DE2B cid:98633A62-6C46-4928-BCA7-6D4C05161EEE  cid:2D910BF5-B025-44CC-968A-D25CCC58F34B | The idea of establishingPataleban Vineyard Resortcame up with the influence from winery resorts in Japan. The company was registered in 2006 in Nepal affiliated to NICHIBI KAIKAN of Tokyo, Japan. The objective of the company is to develop eco-tourism, horticulture and organic farming.  C:\Users\arasmussen\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\CBTFF60Q\photo.JPG  The resort is surrounded by a community forest known as Pataleban, have great views of sunset, the Himalayan range of Langtang, Ganesh, Manaslu, Annapurna and the Valley of Dhading.  cid:065BED80-3E48-4DC9-82B0-82BFA9E7B6AE |

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| Rotary Story of the Week |

### [Bringing digital X-ray technology to those in need](https://blog.rotary.org/2016/03/31/bringing-digital-x-ray-technology-to-those-in-need/)

By Carlos Frum, past governor of District 6440 and a member of the Rotary Club of Northbrook, Illinois, USA

The line went around the block and people were still coming! It was 2003 and my first trip to Guatemala as a translator for a medical team. Upon my return, I realized that we have no idea in the United States how difficult it is for people in poor countries to get basic health care. The World Health Organization (WHO) estimates that two thirds of the world’s population doesn’t even have access to simple X-rays.

After several more trips, I resolved, with two other past governors from Rotary District 6440, to do something about this. Bruce Baumberger, Pam Kerr, and I started a project to install 29 digital X-ray systems in remote clinics in Guatemala. We called it HealthRays™.[Continue reading →](https://blog.rotary.org/2016/03/31/bringing-digital-x-ray-technology-to-those-in-need/#more-6517)

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# Rotary International News

**Register for the International Convention in Korea**

### **Connect with thought leaders**

Hear from [exceptional speakers](http://www.riconvention.org/en/seoul/speakers) including RI President K.R. Ravindran and other Rotary senior leaders, who will educate and inspire you.

**31 March 2016:** Preregistration discount ends  
**30 April 2016:** Registration/ticket cancellation deadline  
**1 June 2016:** Online registration ends; deadline for cancellations due to visa denial.

### Calendar:

15 April — Deadline to report activities to earn a Presidential Citation for [Interact clubs](https://www.rotary.org/myrotary/en/news-media/office-president/presidential-citation-interact-clubs)

*30 A*pril — Registration/ticket cancellation deadline for [Rotary International Convention](http://www.riconvention.org/)

### Please update your ‘My Rotary’ Account

First go to www.rotary.org.

Then **click on My Rotary**. And then **Click on Sign In/Register**.

If you are a first time user, click on **Create account.**

Fill in the Account registration information **and click on Continue.**

You will be informed that an e-mail has been sent to you.

Check your email for the address you provided in the step above. You will receive a message from Rotary. Click on the blue link in the mail to finalize the process.

# A Thought for the Day:

A happy marriage is the union of two good forgivers.

-Robert Quillen, journalist and cartoonist (1887-1948)

### Nepali holidays in April

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| 13 Apr | Wed | Happy Nepali New Year |
| 15 Apr | Fri | Ram Nawami. Ram Navami falls on the ninth day of the Hindu lunar month (thus named Chaitra Masa Suklapaksha Navami). Rama Nawami is a Hindu festival, celebrating the birth of the god Rama to King Dasharatha and Queen Kausalya in Ayodhya. Rama, the seventh avatar of Vishnu, is one of the oldest avatars of Lord Vishnu having a human form. |
| 23 Apr | Sat | Loktantra Diwas (Democracy Day) |

## NB: Send any information/photos that may be of interest to the Club or Rotarians in general to

## BC Editor: Anja M. Rasmussen, email: anjamrasmussen@gmail.com

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### Facebook: <https://www.facebook.com/RotaryClubOfKathmanduMidtown>

Venue: Fridays at 7:30AM, Hotel de l'Annapurna, Kathmandu, NEPAL